How to check the potentiometer:

Using a multimeter on the Ohms setting, check pins C, D, and E at the end of the plug (with the pedal unplugged). The results should be as follows, with a smooth change in output as the pedal is pressed.

With pedal up:
pins C-E (blue-brown) = 1000 ohms
pins D-E (red-brown) = near zero

With pedal down:
pins C-E (blue-brown) = near zero
pins D-E (red-brown) = 1000 ohms

Note: Resistance tolerance is ±10% (any value within 10% is acceptable).

How to check the switch:

Use the multimeter's continuity (beep test) setting to check pins A and B. It should show continuity (connection) when the pedal is pressed and turn off when released.